

VERMONT & CANADA

Partners in security & prosperity



Photo: Provisions International

Provisions International

Founded in 1986, **Provisions International** is a specialty foods distributor, deeply rooted in its New England community while serving food cooperatives, restaurants, retailers, and farm stands across New England, parts of New York, and beyond. Based in White River Junction, Vermont, with operations in nearby New Hampshire, Provisions International delivers fine cheeses, charcuterie, and other artisanal products while fostering close relationships with farmers, producers, and chefs.

As a leading purveyor of specialty cheese, Provisions International has strong cross-border ties with Quebec, sourcing exceptional artisanal cheeses and bringing them to a wider North American audience. This cross-border relationship supports small-scale Canadian cheesemakers, strengthens the specialty food sector, sustains jobs in distribution and hospitality, and enhances trade between New Hampshire, Vermont, and Quebec.

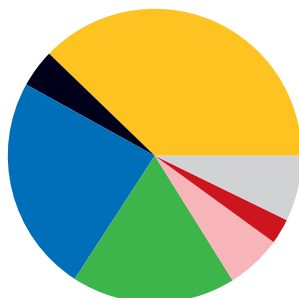


63 Canadian-owned companies employ 2,600 workers in Vermont



Vermont sells more goods to Canada (its #1 export market) than to its next two largest foreign markets combined — Taiwan & Germany

Vermont exports **\$631 million** in goods to Canada annually



Goods exports by industry

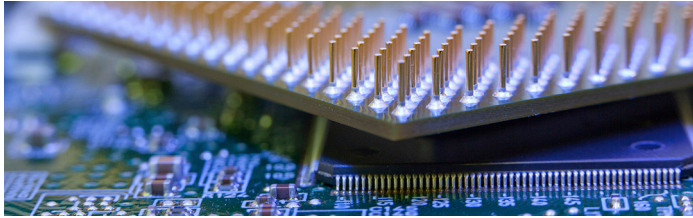
- Agriculture (38%)
- Apparel & textiles (4%)
- Equipment & machinery (24%)
- Forest products (18%)
- Minerals & metals (6%)
- Transportation (3%)
- Other (7%)

Vermont exports \$204 million in services to Canada, including

Transport.....	\$71 million
Travel (including for education).....	\$62 million
Business services.....	\$37 million
Charges for the use of intellectual property.....	\$20 million
Insurance services.....	\$6 million

Top Vermont goods exports to Canada

Cocoa & chocolate.....	\$129 million
Paper & paperboard.....	\$77 million
Dairy products, eggs & honey.....	\$36 million
Pasta, breads & cereal preparations.....	\$29 million
Wood & semi-finished wood products.....	\$29 million
Sugars.....	\$21 million
Optical, medical & precision instruments.....	\$18 million
Fiber & woven goods from manmade sources.....	\$15 million
Aircraft & parts.....	\$11 million
Pearls, gems, precious metals & jewelry.....	\$10 million



NE Semiconductor Manufacturing Corridor

Vermont is a vital part of the **Northeast Semiconductor Manufacturing Corridor** (NSMC), uniting Canadian and U.S. partners to create a dynamic cross-border semiconductor ecosystem. Stretching across the U.S. Northeast to Ontario and Quebec, this strategic corridor seeks to make the region stronger and more resilient while creating and retaining high-quality jobs. Semiconductors are Vermont's leading commodity export, with over \$650 million worth of exports to buyers around the world. Vermont's collaboration with Canada in this industry positions North America as a global leader in technological innovation and helps ensure uninterrupted access to critical components. This deep Canada-U.S. economic partnership strengthens the region as a competitive manufacturing corridor.

When seconds count: A story of cross-border heroes

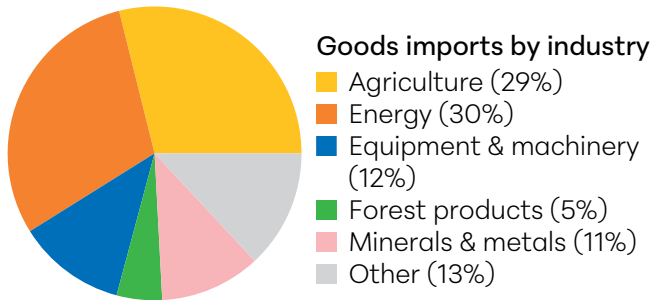
When flames tore through a historic building in Stanstead, Quebec, Vermont firefighters didn't hesitate. Engines from Derby Line and Holland crossed the border within minutes, joining Canadian crews to contain the blaze.

That help flows both ways. **Canadian fire departments cross into Vermont roughly 8 to 12 times a year**, responding to barn fires, vehicle accidents, and even structure fires where every second counts. These responses are possible thanks to formal mutual aid agreements between Quebec towns like Stanstead and Magog and Vermont communities such as Derby Line and Holland, ensuring seamless coordination when emergencies strike. In rural areas where resources are stretched thin, these partnerships save lives and livelihoods.

Beyond emergencies, these collaborations reflect our common values — neighborliness, resilience, and trust. In these moments of need, Canada and Vermont have each other's back.

Vermont

imports \$2.8 billion
in goods from Canada annually



Top Vermont goods imports from Canada

Cocoa & chocolate	\$601 million
Electricity	\$332 million
Fuel oil	\$316 million
Pearls, gems, precious metals & jewelry	\$233 million
Engines & turbines	\$222 million
Natural gas & other gases	\$177 million
Softwood lumber	\$65 million
Sugars	\$55 million
Plastics & plastic articles	\$50 million
Animal feed & food industry residues	\$46 million

March 2026

Sources: All figures are in U.S. dollars. Unless otherwise specified, all figures are based on 2025 data. **U.S. Census Bureau:** goods trade, Canada's export ranking (2/2026 release). **Trade Partnership Worldwide:** 2024 services exports (2/2026 release). **Dun & Bradstreet:** Canadian-owned businesses operating in the U.S. (2/2026 release). Figures may not add up due to rounding. Produced by the Embassy of Canada in Washington, D.C.

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